

2019년 9월 13일 [mini] 키워드 스피킹 방송 / 주제: 약 먹는 것

<광고>

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|  | <p>『일상회화 편 2』</p> <p>세련되고 효과적인 회화 표현</p> <p>213개의 대화문과<br/>71개의 추가 문장으로<br/>스피킹 업그레이드</p> |  | <p>『시사이슈 편』</p> <p>『키워드 스피킹』 팟캐스트<br/>에서 다룬 표현들을 소개</p> <p>총 43개의 시사 이슈에 관<br/>한 유용한 문장들</p> |
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약 먹는 것에 너무 과민할 필요는 없다. 약을 제때 잘 먹어야 건강할 수 있다. 약에 너무 거부감을 갖지 말고 의사나 약사의 지시를 잘 따르면 된다.

- You don't have to be too sensitive about taking medicine. Taking the right medicine at the right time helps you overcome your health problems. Don't be too obsessive with consuming too much medicine and follow doctor's or pharmacist's advice.
- Medicine can help with certain health ailments. Don't overdose because it can lead to further health problems. Follow the instructions given to you by the doctors and pharmacist.
- Taking medicine is not a big deal. As long as you don't abuse it, it can help fix whatever is wrong with you. Just follow the dosage guidelines on the box and the instructions from the doctor.

약은 반짝 효과만을 가져다 줄 뿐이다. 약에 의존하지 않고 건강해지는 것이 중요하다. 의사와 약이 도움이 되지만 궁극적으로 내 질병과 고통을 치료하는 사람은 나 자신이다.

- In many cases, taking medicine only gives you a short-term fix. You must overcome your health problems without depending too much on taking medicine. Doctors and medicine can help, but, in the end, it's you who cures your own ills and pains.
- The effects of medicine are short lived. Medicine is only one factor in being healthy. Preventative medicine is also important. You need to be your own doctor.
- Medicine is a drop in the bucket when it comes to solving health problems. Individuals need to take care of themselves through diet and exercise without relying on medicine to always cure them. There is more to health than medicine.