

2019년 6월 27일 [mini] 키워드 스피킹 방송 / 주제: 자기계발서

<광고>

	<p>『구동사 편』</p> <p>총 251 개의 구동사</p> <p>구동사가 만들어지는 원리에 중점을 둔 설명</p>		<p>『시사이슈 편』</p> <p>『키워드 스피킹』 팟캐스트 에서 다룬 표현들을 소개</p> <p>총 43개의 시사 이슈에 관 한 유용한 문장들</p>
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자기계발서는 별 도움이 되지 않는다. 읽는 동안에는 뭔가 얻는 것 같지만 그뿐이다. 중요한 건 내가 이미 알고 있는 것을 어떻게 실천하느냐다. 자기계발서는 사람의 심리를 상업적으로 이용할 뿐이다.

- Self-help books aren't very helpful. You may feel that you're getting some insight while you're reading these types of books, but that's it. What's important is how to put what you already know into action. Those books just take advantage of human psychology and are a waste of money.
- Self-help books don't help. They provide advice to their readers, but it is not always good advice. The only way to help yourself is to take action. These books feed off people's desire to find a quick fix to their problems in their life.
- Self-help books are a waste of money. They do contain information about the experiences of others, but this may not apply to you. Each person needs to look within and find their own strengths and apply that to real life. These books provide false hope.

자기계발서의 내용은 도움이 된다. 방법을 잘 몰라 성과를 내지 못하는 사람이 많다. 자기계발서는 누군가의 실제 경험에 근거한 지침을 제공해 준다. 유용한 책이고, 결국 어떻게 활용하느냐가 관건이다.

- Self-help books can give you practical help. Many people don't know how to reach a goal, and these books give you the most practical guidance based on someone else's actual experience. They are good books. It all depends on how you utilize them.
- Self-help books do provide support for people who need it. Some people are lost, and these books can provide a road map on how to organize your life. These books are filled with knowledge, and if you apply it correctly, they can help you.
- Self-development books are useful. These books can guide people on the right path to success and happiness. You cannot just read the book and hope for the best. You need to follow the book's advice to actively change your life.