

2015년 11월 11일 키워드 스피킹 방송 / 주제: 먹방과 쿡방의 인기

<광고>



- ✓ 요령 있게 공부하고 영어 스트레스를 줄이자
- ✓ 국내파로서 영어를 상대하는 현실적인 방법
- ✓ 단어, 속어, 문법, 읽기, 듣기, 말하기, 쓰기 등 전 영역에 걸친 설명

Troy's Summary

Recently, eating and cooking programs on Korean TV channels are **multiplying**. Chefs and cooks acting as hosts or guests of those programs are also **in the spotlight** due to its popularity. Becoming a chef has become a very desirable profession. It is an occupation that **is coveted by young people**. The popularity of eating and cooking programs extends beyond TV. On the Internet, people upload videos of themselves eating food. Some popular eating videos have more than **thousands of hits and subscribers**. Koreans seem to **live vicariously** by watching other people eating. They even seem to enjoy watching the act of eating itself.

There are several explanations for the sudden popularity of eating or cooking. **Despite the presence of cooking shows for some time**, male chefs teaching and cooking as hosts was a **rarity**. As an increasing number of people begin to live on their own, the number of people cooking for themselves has seen a drastic increase. Understandably, a need for a cooking program has **soared**. Others believe **a socio-economic component can be factored in** as well. Japan witnessed a surge of popularity in eating programs during its recession also known as the lost decade. When the economy is stagnant, people tend to **find consolation in** consuming foods. Those who also cannot afford to eat out become more interested in learning how to cook on their own at home.

For whichever reason, the trend of watching other people cooking and eating is expected to continue for a while.

해석

1. multiplying 몇 배로 증가하는, 급증하는
2. in the spotlight 주목을 받는
3. ~ is coveted by young people 많은 젊은이들이 선망하다
4. thousands of hits and subscribers 조회수와 구독자 수가 수천에 달한다
5. live vicariously 대리만족을 느끼며 살다
6. Despite the presence of cooking shows for some time 쿡방이 예전부터 있었지만
7. rarity 드문 일
8. soared 급증했다
9. a socio-economic component can be factored in 사회 경제적인 요인도 고려할 수 있다
10. find consolation in ~에서 위안을 찾다

Keywords / Key Sentences

1. 먹방과 쿡방 프로그램이 인기다. Eating and cooking programs are very popular right now. Shows about dining and cooking are very trendy these days. Recently, cooking and foodie programs have become very hip.

2. 셰프가 인기 직종으로 떠오를 정도다. Working as a chef has become an occupation coveted by many people. Becoming a chef has emerged as a very desirable profession. Becoming a chef has grown into a very attractive career choice.
3. 현실은 녹록치 않다. 박봉과 고용 불안에 시달리는 셰프들이 대다수다. In reality, working as a chef is not an easy job. Most of the chefs suffer from job instability and low salary. The reality is not so rosy. Most chefs face volatile working conditions and a small paycheck. The reality is not all optimistic. Chefs are predominantly subject to poor work environments and minimal compensation.
4. 먹방을 통해 대리 만족을 느끼려는 심리가 있다. People tend to satisfy their desires vicariously by watching other people eating. People attempt to satisfy their desire for food by proxy. There is the psychology of people trying to gratify their desires for food by watching others eat.
5. 어려운 경제 사정 때문에 쿡방을 통해 직접 요리하는 법을 배우려는 사람들도 많다. Because of financial strains, people who cannot afford to eat out want to learn how to cook for themselves. Due to financial constraints, those unable to eat out seek to cook on their own. Due to limited finances, people pursue ways to learn to cook for themselves.
6. 먹방 쿡방의 인기도 유행일 뿐 너무 많은 의미를 부여할 필요는 없다. We don't need to attach too much meaning to the popularity of such eating or cooking shows. It could only be a passing fad. The popularity of eating or cooking shows may be a fleeting trend, so there is no need to place too much importance on it. This current craze of cooking or foodie programs may just be a phase and is not worth placing much significance on.
7. 남자들도 잘 하는 요리 하나쯤은 있어야 한다. These days, even guys should have at least one dish they know how to cook. Even guys should know how to cook at least one dish these days. It's important for guys to master at least one recipe these days.