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Word of the Day – **Content**

Transcript

The word of the day today is **content**. **Content** is an adjective. This is used to describe a satisfied state of being. This is a positive word. Let's say you did well on a test, even better than you had hoped. You could share with your friend,

“I was so nervous about that exam. I know I am always unhappy with my grades, but given my score, I am finally content.”

You could also use this word when you are in a social setting. Let's say your friends are dancing and one friend notices you are not dancing and standing on the side. She approaches you and asks if you would like to join everyone else on the dance floor. You could reply,

“No, actually I am content just watching everyone else dance. But thank you for noticing.”

So in this example, while your friend may have thought you would have been more **content** dancing than standing around, you are actually happy to just be standing around.

I hope you found this word useful in expressing your thoughts more clearly. For more information you can find the script at Practicus.co.kr.