

Word of the Day - **Robust**

Transcript

Hi everyone. Today's word of the day is **robust**. **Robust** means being sturdy, healthy, hardy, vigorous and strong. So imagine this word to be someone who works out a lot at the gym and therefore they have a lot of strength, power, and energy. And they are healthy and therefore have a lot of vigor and stamina to overcome any problem that may face them. **Robust** is associated with strength to overcome a problem. And I can use this word in two ways. The first way I will explain if you use the word **robust** to describe a person.

"The man had a robust and sturdy figure. And although he had no experience with exercising, he was quickly hired as a personal trainer by at the gym based on his physique."

So here, the boss hired them because his body looked strong and sturdy and any problem he can handle, this means weights or exercise, heavy labor. And another way I can use **robust** is to describe the economy. And here's an example,

"The path to ensuring robust economic recovery following the crash of the housing market requires sound loans and payments in addition to transparency between the banking and loans systems."

So in this way to ensure that an economy will be strong and you can create a strong environment for the economy, you need to do the above mentioned. So you can use the word **robust** to describe someone's physique or you describe the economy. So I hope you can use the word **robust** in your everyday lives. Thank you for listening to Practicast. You can find the script at Practicus.co.kr. Thank you and have a good day.