

Word of the Day – **Preoccupied**

Transcript

Hi everyone. It's Paul. Today's word of the day is **preoccupied**. **Preoccupied** is an adjective and the definition of **preoccupied** is completely engrossed in thought or absorbed in thought. So, it's just another way to say "busy in mind".

This is a neutral word so you can use when you want to be kind or when you want to be serious. So you can use it in any way. It can be used in formal and informal situations. Be free to use it in any kind of email, letter or when you're speaking as well.

So there are two common ways that you can use **preoccupied**. First, when a person looks worried or thinking about something but they're not moving or anything. They're just thinking. So you can say to them,

"Is everything ok? You look a bit preoccupied."

Or you can say this,

"What's on your mind? You look preoccupied with something."

So that's just a really kind and polite way to tell them that you're thinking about them and they look kind of worried. And you want to know what they're thinking about. Another way you can use **preoccupied** is in a response. When someone asks you, "Hey, something wrong? You look worried.", you can say this,

"I was preoccupied about something"

So meaning that you were just thinking about something and it was taking over everything in your mind. Or you can say this,

"I haven't been able to get any work done because I've been preoccupied with my pregnant wife."

Meaning that because you were so worried about your pregnant wife, you cannot think of anything else and do anything else. If you need any more information or you'd like the full transcript at Practicus.co.kr. Thank you and take care.